EXCERPTS FROM DISCOURSES & TALKS BY

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Heart of Divine Love Bhooloka Vaikuntha <u>Our Mission</u>

"To Share Divine Mother's Grace with Humanity so that they can Explore & Experience the Divine."

- Center for Spiritual Awareness & Awakening.
- ***** Knowledge Source for Spiritual Lectures & Meditation.



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Deeksha is Teaching & Guidance imparted by a Guru, who has knowledge from direct experience. At our Temple, there is only one Guru and that is the Divine Mother Parashakthi.

Shraddha is Faith subjected to critical enquiry with reason & intellect (Buddhi), arriving at the Truth with Conviction. Divine Mother wants her Devotees to have Shraddha.

- Shraddha is tenfold more effective in receiving Divine Mother's Grace than Faith alone.
- Religion is based on Faith.
- Science is based on Reason.

The following are the steps in Receiving Divine Grace:

- Awareness
- Perception
- Reception
- Consumption
 - Your Reverence / Devotion & Reception of Divine Grace.
 - Surrender Internal Barriers (ego), Be Receptive.
 - Sacrifice.

Creation itself is an act of **Sacrifice** by the Divine, so to go back to where we came from, the only path is sacrifice. We can sacrifice our time by undertaking voluntary activities at the Temple; monetarily by sponsoring installations & regular Poojas, and by making tax-exempt donations. The amount of Grace we Receive is commensurate with our Devotion & Sacrifice.

The world, all animate & inanimate objects, including humans, are not only created by the Divine, but are a **Transcendent Manifestation of the Divine** into Jivatman through Anava, Maya & Karma. This concept may be acceptable to Creationists, Evolutionists & Atheists.

When we perform **Archana**, stating our Gothram & Nakshaktra (Star), we are identifying ourselves with the Divine via the cosmic path and lineage we came along from. Performing an Archana when we go to the Temple is a hundred fold more effective in receiving Divine Grace than just visiting the Temple.

When we perform an **Abhishekam**, we are symbolically cooling the intense heat of the Divine by offering cooling substances. Notice that all articles used in an Abhishekam, such as Milk, Sandlewood paste, honey, water, etc. are cooling in nature. Sponsoring an Abhishekam when we go to the Temple is a thousand fold more effective in receiving Divine Grace than performing an Archana.

When we perform a **Homa**, we Invoke the cosmic forces with proper Mantras granted by the Divine Mother, Receive them and Honor them. The sacrificial offerings in the Homa such as Ghee, fruits and other items; and our Mantras are what we offer to them through the mediation of Agni or Fire, who is the Adi Devatha for Earth. In return, they give us our blessings in the form of **Poornahuti** (the Black Ash from the Homa Kunda. Poorna means After, Ahuti means Sacrifice). So it is very important to receive Poornahuti after a Homa. Sponsoring a Homa when we go to the Temple is a thousand fold more effective in receiving Divine Grace than performing an Abhishekam.

The typical path to Divine Consciousness & Moksha involves 95% Ascendance by Spiritual Practices & Rituals through Bhakthi, Karma, Jnana & Raja Yoga; followed by 5% Transcendence of Divine Grace. At our Temple Conceived & Granted by HER for World Protection, Mother has promised Her Devotees who come here with Shraddha: (A) Brahma Vidya (Understanding Reality), (B) Atma Gnana (Self-realization) and (C) Achieving the state of Sahaja Samadhi (ultra-cognitive spiritual absorption). So at our Temple, we have 95 % Transcendence by the Divine followed by a 5% Ascendance.

Three Steps to Gaining Knowledge:

- Shravana: Vidhmahe in Gayatri Mantra.
- Manana: *Dheemahi* in Gayatri Mantra.
- Nididhyasana: Prachothayat in Gayatri Mantra.

Divine Mother has Granted Us the following:

- Brahma Vidya (Understanding Reality)
- Abhiyudhaya (Material Prosperity)
- Nishreyasa (Inner Fulfillment & True Happiness instead of Fleeting Happiness)
- Moksha (Freedom from Samsara & Going back to HER.

We as Devotees should ask Divine Mother the following:

Asatho Ma Sat Gamaya (Lead me from Illusion to Reality)

- Tamaso Ma Jyothir Gamaya (Lead me from Darkness to Light)
- Mruthyur Ma Amritham Gamaya (Lead me from Death to Immortality)

Prescence of Rishis & Siddhas at out Temple.

- Rishis: Agastya & Vishwamitra
- Siddhas: Bhogar and Gorakhnath along with numerous Shaman/ Mayan Siddha energies.
- Guruji: Presence of Sri Swarna Venkateswara Deekshitar of Chidambaram (Nataraja) in Jiva Samadhi at our Temple.

The Divine Mother wishes to protect her devotees & her children throughout the world, during this period of catastrophic turmoil, and grant them Spiritual & Material benefits. **Each Installation** signifies the conveyance of Divine Grace through certain powerful cosmic forces for our benefit & protection.

All Temple deities have been installed via **Prana Prathishta (Yantra, Mantra, Tantra)**, according to the Divine Mother's specific guidance & instructions, given to Dr. Kumar through Kundalini Yoga in Thuriya state.

Yantra

- Cosmic Aspect: Angelical Devatha Motif Awareness of the metaphysic laws, principles and processes governing the cosmos which respective devathas denote and function.
- Psychic Aspect: Psycho-cosmic symbolism, aligning the macrocosmic universe with the microcosmic body and its psychic center (Kundalini Center), making them harmonious with the macrocosmic universe and its forces (Divinities). Form pattern of the respective Devatha. Body of the Mantra.

Mantra

- Mantra is a mystical sound syllable representing the power of Devathas, as preceived by the Rishis.
- When a mantra is uttered with specific rhyme & rhythm, with sincerity of devotion and purity of thought and action, and with phonetic and grammatical accuracy, in a manner prescribed by the scriptural injunctions of the Vedas, it is believed to invoke a particular deity to receive Her grace. Sound form of the respective Devatha. Soul of the Yantra.

Tantra

- Tantra is the systematic use of the body and the mind as the physical instruments of divine realization.
- The word Tantra has its root in *Tanyatae* (to expand). That which helps in expanding the cosmic consciousness through Kundalini awakening is Tantra.
- By regular worship and yogic sadhana or spiritual practice, one can expand one's consciousness to realize the Supreme Divine consciousness and God realization.

Reception & distribution of cosmic life energy through the control & awareness of Breadth is called *Pranayama*. Controlling the breadth & calming the nerves – Nadi flow is a prerequisite to controlling the mind. Controlling the mind is a prerequisite to controlling & channeling the universal energy of **Prana**. Body, breadth, nerves- Nadi flow, mind, Prana and the cosmic consciousness are all part of a continuum. Most diseases are caused due to imbalance & disturbance in the flow of Prana, since both body & mind are sustained by Prana.

Asuric **Dhrishti** is thousand fold more intense & harmful than human Dhrishti. The random fall of asuric or demonic cosmic vision is made worse by our own planetary weakness and susceptibility - thereby causing the Dhrishti effect on us. The Dhrishti Peetam installed at our Temple on November 29, 2009 protect not only us devotees, but the whole world from both Asuric Dhrishti as well as human Dhrishti.

Religion comes from the Latin word *Religio*, that essentially means to "Unite". Einstein's concept of true Religion requires a **New Movement**. Quotations from Einstein (Published in The Boston Globe, 1953) - "We experience ourselves, and our feelings as something separate from the rest – a kind of optical illusion of consciousness. This delusion is a kind of prison, restricting us to our personal desires, and affection for a few people nearest to us. Religion as we know it will not work. A New Movement is required." Our Temple's Philosophy is in line with Einstein's Vision of a New Movement that will bind all humanity as a family (Vasudeva Kudumbam).

Hinduism or **Sanathan Dharma** is based on four principles: Dharma (Righteousness), Artha (Materialistic Desires), Kama (Sensual Desires) and Moksha (Liberation from the cycle of Life & Death). There is nothing wrong with having desires, as long as you abide and follow "Dharma".

There are **330 Million Gods** identified in Hinduism. Though this may seem mind-boggling, it is quite possible. There are several solar systems in our galaxy, and there are several such galaxies. So it is very much possible that there are 330 Million Cosmic forces that are perceived as Gods by Rishis (Sages & Saints).

Since we are not a creation of the Divine, but a transcended microcosmic **Manifestation** of the Supreme Divine consciousness, we have an **Imprint** of all the **330 Million cosmic forces**, and the **planets** within us.

Through proper meditation and use of Mantras, we can wake up dormant aspects of various cosmic forces within us.

Lord Hanuman is the only God that never thinks about himself. He is always interested in the well-being & the service of his Master, Lord Rama. He is the embodiment of Devotion & Sacrifice. He is Shiva-Shakthi, and hence a very high-level and powerful cosmic force transcended from the Divine Mother, even before the Trimurthies & creation.

When you are in trouble, Mother Chandi, Lord Hanuman and Lord Ganesha are the first to come to your aid.

Mantras are the Divine cosmic forces themselves. Rishis perceived these resonances and translated them into **Beeja Mantras** out of kindness, for the benefit of mankind.

The whole universe is an interplay between sound and light. Divine Mother can provide us the ability to See Sound and Hear Light. The various cosmic forces communicate with us via **Sound and Light**.

When we die, our soul evaluates our actions and if there is remaining Karma to be performed, writes a script accordingly for re-birth, chooses a time and place and then takes a human form again on earth. The planets enforce the script depending on their placement at the time of the **Soul's Rebirth**. Hence, regardless of joy or sorrow, we are what we chose to be.

Blood has a very deep and profound meaning. It is the only substance that travels to & permeates every cell in the body. Divine Mother Parashakthi (Karumari Amman) is the presiding Deity for nourishing the body & the MIND.

Consciousness exists in everything created. Everything in the universe is vibrating. The degree of consciousness varies and determines the degree of vibration in various living beings. Depending on the intensity of vibration, consciousness manifests. Inanimate objects have a very low level of vibration, animals have more, and humans have a greater degree of vibration. As we go higher along the path of evolution, the degree of vibration increases. The closest of the cosmic forces to us are the **Naga Devathas**, who vibrate at a rate thousand fold greater than our own.

The objective of building the **Raja Gopuram** is to provide us an opportunity to **Recognize the Various Cosmic Forces present at our Temple**. They are cosmic Devathas, and don't need our recognition. But when we recognize them, we become aware of them and are in a better position to Receive from them.

In our Temple philosophy, we accept both Good and Bad Cosmic forces, or the **Devas and Asuras**, respectively. The Demon's head at the feet of the Divine Mother is symbolic of the fact that she is in total control of the Asura elements. Similarly, we should strive to conquer the Asuras within us, such as Ignorance, Hatred, Violence, Anger, Greed, etc.

Among all the Asuras within us, such as Greed, Ignorance, Hatred, Jealousy, etc; **Ignorance is the Greatest Asura**, since it keeps us away from our Atma and Parama Atma.

When we go through difficult times, we start **Asking Ourselves Questions** such as:

- Who Am I? Where did I come from?
- Why Am I Here?
- Where Am I Going from here?
 The Divine, if involved properly, gives us the answers.

Feeding the Hungry is a noble deed that is very dear to the Divine. But an even more noble deed is **Feeding Souls**, because this aids the soul to evolve and get closer to the Divine.